



# Attention Deficit / Hyperactivity Disorder (ADHD)

GTH: GATEWAY TO HOPE

# What is ADHD?

- AD/HD is a persistent pattern of inattention and/or hyperactivity-impulsivity that interferes with functioning or development and can cause a person to have difficulty sustaining focus

# Know the Types and Symptoms

- **Inattentive Presentation**
  - Wandering off task
  - Lacking persistence,
  - Difficulty sustaining focus
  - Disorganized

# Know the Types and Symptoms

- **Hyperactive Presentation**

- Inability to sit still
- Frequently moves around
- Difficulty doing things quietly
- Excessive fidgeting, tapping, or talking

# Know the Types and Symptoms

- **Combined Presentation**
  - Social intrusiveness
  - Impatience
  - Difficulty waiting to talk or react
  - Often interrupts others

# Treatments and Therapies

- **Psychostimulants Medication**
  - Improves attention and increases activity in under-activated areas of the brain
- **Behavior Modification Therapy**
  - Structured treatment that increases positive behaviors and decreases undesirable ones