

Marijuana

Marijuana misuse is often seen as less harmful than other substances, but it's not without risks. Some people underestimate its potential for addiction and its impact on mental health. Abuse can involve using marijuana excessively, leading to addiction, cognitive impairments, and mental health disorders.

Marijuana Abuse Facts



Dependence and addiction risks exists with marijuana

Contrary to popular belief, marijuana can be addictive. While marijuana is not as addictive as substances like opioids or stimulants, some individuals can develop a dependence on it and may experience symptoms of withdrawal upon cessation of use.



Users of marijuana can experience psychosis

Research demonstrates that individuals who use marijuana and have a predisposition to psychosis may experience psychotic effects as a result of this drug. Additionally, prolonged use can lead to anxiety and depression.



Marijuana use causes short and long-term cognitive impairment

Marijuana use can lead to both short-term and long-term cognitive impairments. In the short term, it can disrupt memory, attention, and learning abilities. Prolonged and heavy marijuana use, especially in adolescents, can make it hard for them to think and learn even after they stop using marijuana.



Prevalence

18%

18% percent of Americans have used marijuana at least once making it the most commonly used federally illegal drug in the United States.

3 in 10

3 in 10 people who use marijuana have marijuana use disorder which is a clinical diagnosis used to describe a problematic pattern of marijuana use that leads to significant distress or impairment in various areas of life.