## Vaping

Vaping is often perceived as a safer alternative to traditional smoking, but it carries its own set of risks. The increase in popularity of e-cigarettes has contributed to many health risk for young people because of the excessive use of vapes which often have high-nicotine content. This leads to potential nicotine addiction, lung damage, and other health complications.





## Young people are at risk for vaping abuse

Many young individuals are attracted to vaping due to its perceived social acceptance, marketing practices that target young people, enticing flavors, and the misconception that it is less harmful than traditional smoking.





Vaping abuse can lead to serious health consequences, including respiratory problems, cardiovascular issues, and potential long-term lung damage, even in young and healthy individuals.



## The use of vapes is rapidly rising

Vapin culture is becoming mainstream, especially for young people. Social media, the appealing look and flavors of vapes, and the relative accessibility of these devices have contributed to the shocking increase in vaping and nicotine addiction.





## **Prevalence**

1 in 7

In 2022, about 1 of every 7 high school students reported that they had used electronic cigarettes in the past 30 days



The United States has **9 million** people who regularly vape, giving the US the highest number of vaping consumers in the world.