

ADHD

About ADHD

ADHD is a neurodevelopmental disorder that affects an individual's ability to focus. ADHD can also affect an individual's ability to function in daily activities depending on the severity and can interfere with interpersonal relationships. Treatment for ADHD includes therapy and/or medication.

ADHD Facts



ADHD Symptoms are Present in Two or More Settings

To meet the criteria to be diagnosed with ADHD, several symptoms must be present in two or more settings. For example, difficulty focusing at school as well as driving difficulties due to being distracted.



Individuals with ADHD Display Certain Strengths

Those with ADHD have strengths. If the task is something the individual is highly interested in, they often find themselves in a hyper-focused state. Individuals with ADHD can also be spontaneous, creative, and think outside of the box!



Different ADHD Types Have Different Symptoms

There are three different types of ADHD. Those who have Predominantly Inattentive Presentation will typically display symptoms, such as difficulty focusing, finishing tasks, and following conversations. Individuals with Predominantly Hyperactive-Impulsive Presentations will fidget and struggle to sit still. Those with Combined Presentation have symptoms of both subtypes.



Prevalence

6%

of children in the U.S. are diagnosed with ADHD.



Most individuals who get diagnosed with ADHD will get diagnosed in their school-aged years. Some people will never seek nor receive a diagnosis.