

# Stimulants

Stimulant abuse is a significant concern, especially among students and young adults. These medications, like Adderall and Ritalin, are prescribed to treat attention disorders but can be abused for their stimulating effects. This can lead to addiction, cardiovascular problems, and mental health issues. Stimulants also include drugs such as cocaine and Methamphetamine which are highly addictive and potent.



## Stimulant Abuse Facts

### Stimulant abuse causes physical health consequences



Stimulant abuse can lead to severe physical and psychological health consequences. Prolonged misuse of stimulants like amphetamines or cocaine can result in cardiovascular problems, including high blood pressure, irregular heartbeats, and even heart attacks.

### Stimulants are used both medically and non medically



Stimulants are used in the treatment of ADHD and narcolepsy. These stimulants can still be abused by taking the drug in another way than intended. Illegal stimulants, such as cocaine, bath salts, and methamphetamines.

### Stimulant abuse can lead to serious mental health issues

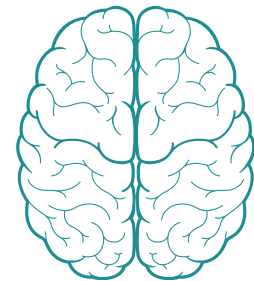


Users may experience anxiety, paranoia, hallucinations, and in some cases, stimulant-induced psychotic disorders, which can be long-lasting and challenging to treat.

## Prevalence

20%

It is estimated that 20% of college students abuse prescription stimulants.



Due to the highly addictive nature of methamphetamines, and how the substance alters the users brain chemistry, these users are the most challenging to treat among other drug users.