

# C.A.R.E.S. RESOURCE

## Dementia Checklist

### Changes to the 5 Senses. Vision:

- Loss of peripheral vision. Approach from the front slowly.
- Inability to process what one sees.
- Non-contrasting colors may cause objects to disappear.
- Difficulty interpreting reflection in a mirror.

### Taste / Smell:

- Loss or change in sense of taste. Eating is less enjoyable.
- Loss or change in sense of smell. Unable to distinguish good from spoiled foods.

### Other Cognitive or Notable Changes:

- Memory loss or difficulty learning new information.
- Struggling to find the right word or repeating the same phrase.
- Difficulty performing tasks in social or work settings.
- Losing or misplacing objects.

### Hearing:

- Inability to filter out background noise.
- Slow speech and eye contact is needed when speaking to them.
- Individual needs time to process information.

### Sense of Touch or Feeling:

- Increased sensitivity to falling water. Showering is painful or uncomfortable.
- Loss of sensitivity to temperature changes.